



St Thomas Aquinas West Belconnen

Yr 6 Camp 2020

Monday 10th February 2020

Dear Parents and Carers,

Year 6 students will be attending camp from **Wednesday 18th March to Friday 20th March 2020 at Jindabyne Sports and Recreation Centre, NSW**. It is anticipated that the bus for the camp will be leaving school at 9.00am on the Wednesday and will return to school by 3.30pm on the Friday.

Mrs Leah Taylor, Mrs Stephanie Noack, Mr Matthew Foote, Ms Ella Barry and Mrs Michelle Mason will be attending the camp with the students. The camp is run by NSW Office of Sport and is well organised and supervised. The students sleep in single sex dormitory-style accommodation and participate in activities such as rock climbing, challenge ropes, team building activities and pedal carts. There will be one activity involving water play.

The cost for camp is **\$350** per student, which covers accommodation, activities, transport and meals (except morning tea on Wednesday).

Payment must be received in full by **Tuesday 17th March**. If payment is not received by this date, your child will not be able to attend. A payment plan, via instalments, can be made available to you; please contact Ms Lee Black to make arrangements if choosing this payment option.

In preparation for camp, parents/guardians must complete a Medical Consent Form online. This is required by Jindabyne Sports and Recreation Centre to identify medical conditions, special diets, medications, emergency contacts and media consent.

The form is available at:

<https://sport.nsw.gov.au/facilities/medicalandconsentform>

Please quote the following information:

Booking Number: 558394

Booking Start Date: 18/03/2020

Booking Venue: Jindabyne Sport and Recreation Centre

The form must be completed by **Monday, 24 February, 2020**. Please also return the attached school permission note by this date. We ask that you discuss the expectations outlined in the permission form and packing list with your child, to

ensure that prohibited items remain at home and exemplary behaviour is displayed during camp.

MEDICATIONS

If your child requires any medicine or medical products during camp, **please label each product with your child's name and dosage instructions and place it in a labelled zip lock bag.** This applies to all regular medications as well as medical products for such things as for stings, asthma, cream for eczema, or Panadol. These will need to be given to Mrs Mason on Wednesday morning prior to departure from school.

Please understand that although the teachers are responsible for administering First Aid, we are unable to administer any medication to your child. We will supervise and monitor any self-administering that occurs. This will be recorded for the school records and parents will be informed.

In the week prior to camp we will send out a final note with reminders, confirmation of pickup and return times and any additional information. In the meantime, parents are welcome to visit the Sports and Recreation parents' page at <https://sportandrecreation.nsw.gov.au/facilities/schools/parent>.

Please don't hesitate to contact your class teacher if you experience any difficulty with accessing the online medical form, or have any further questions.

We look forward to having a safe and enjoyable time at camp!

Kind Regards,

Mrs Michelle Mason, Mrs Alisha Barrett, Ms Ella Barry

WHAT TO BRING - BUS TRIP

- Enough food for recess on Wednesday. Food should be put in a backpack, with a drink bottle and a hat, to be taken on the bus.
- Books, cards, pens, pencils and drawing activities to do on the bus.

WHAT TO BRING - CAMP

LUGGAGE

Luggage should be limited to one bag with maximum weight of 10kg, a separate sleeping bag/bedding, plus a small backpack per child. These should be clearly marked with your child's name. Remember, your child will be required to carry their luggage so it is essential to make sure it is not too big or heavy.

PACKING

- Shorts and t-shirts (no singlets, sleeveless or midriff tops)
- Jeans
- Jumpers and tracksuit pants
- Socks and underwear (enough for duration, as well as spares)
- Raincoat
- Three layers of warm clothing
- Pyjamas
- Clothing for on-land water play (this may include board shorts and rashie, swimming costume under old clothes, or just old clothes that can get soaked)
- Sunscreen and sunglasses
- Two pairs of running shoes (one old pair to wear during water play + one other. No thongs or sandals)
- Toiletries, soap, lip balm and insect repellent (no aerosols)
- Two towels
- Pillow and sleeping bag; or doona and single flat sheets
- Plastic bags for dirty or wet clothes
- Medication (if required - see note above)
- Handkerchief or tissues
- Day backpack with hat and water bottle (see note above)

Optional

- Camera

NB- If you choose to bring a camera, it must be a camera only not another device with a camera function. This is at your own risk as the students are unable to lock their room therefore we can't guarantee the safety of valuables.

Please label all clothing and belongings with the child's name.

WHAT NOT TO BRING

- iPods, iPads or MP3 players
- Mobile phones
- Electronic computer games
- Junk food eg. Blocks of chocolate, big packets of chips, lollies, chewing gum, soft drink etc
- Any food products containing nuts

If the students do have any of these items, the items will be confiscated by the teachers and parents will have to collect these at a later date.

Year 6 Overnight Excursion to Jindabyne General Permission Form and Medicare details

I give permission for my child _____ to attend a three day, two night excursion to Jindabyne Sports and Recreation Centre, NSW. (18-20th March 2020).

I understand that the students will travel by coach to the location.

I understand that if my child engages in any deliberate behaviour, which results in property damage to the camp, I may be liable to pay for such damages. If this occurs I will be phoned to collect my child from the camp.

I understand that if my child engages in any behaviour where the school 'Hands off' policy is broken, I will be phoned to collect my child from the camp.

I also give permission for the school (St Thomas Aquinas-West Belconnen) to arrange emergency medical attention for my child if the needed.

Signed – Parent/Guardian _____ **Date** _____

Parent/Guardian's name (Print) _____

Preferred contact number in emergency _____

Alternate contact number _____

Medicare Number _____

Number child appears on card _____ exp date ____/____

Private health fund _____ Member Number _____

Medical Conditions

Name of condition _____

Action Plan _____

Dietary Requirements

I have filled out and submitted the online School Camp and Medical Consent form available at

<https://sportandrecreation.nsw.gov.au/facilities/schools/parent>

Signed _____