

REFERRAL FORM

St Thomas Aquinas has partnered with Menslink to provide free in school counselling to boys aged 10 years and up. Please read the following information provided by Menslink, complete and return the referral form below ASAP, to the front office of the school if you believe this is a service your son may benefit from.



We believe that young men have lots of potential and much to offer our community. But we know that everyone, including young men, face challenges at some point in their lives. Some of the challenges facing young men include:

- Hassles with parents
- Hassles with friends, acquaintances or other children at school, at home or in the neighbourhood
- Problems with a teacher
- Something bad happening to someone close to them (death in the family, etc)
- Being controlled by anger or other destructive emotions
- Addictions to things like technology (computer, iPad or gaming consoles)
- Anxiety regarding the change from primary to high school

We believe that young men are capable of finding solutions from their own strengths and resources. Our counselling service helps them identify and access those resources in order to bring about positive changes in their lives.

There are no fees or charges and all sessions are completely confidential

I (parent/carer) _____ give permission for my son
(name) _____ (DOB) _____

to receive youth counselling from the Menslink in school counsellor during Term 4 of 2019.

Reason for referral: _____

Goals for counselling: _____

Other information (including external supports): _____

Signature: _____ Date: _____